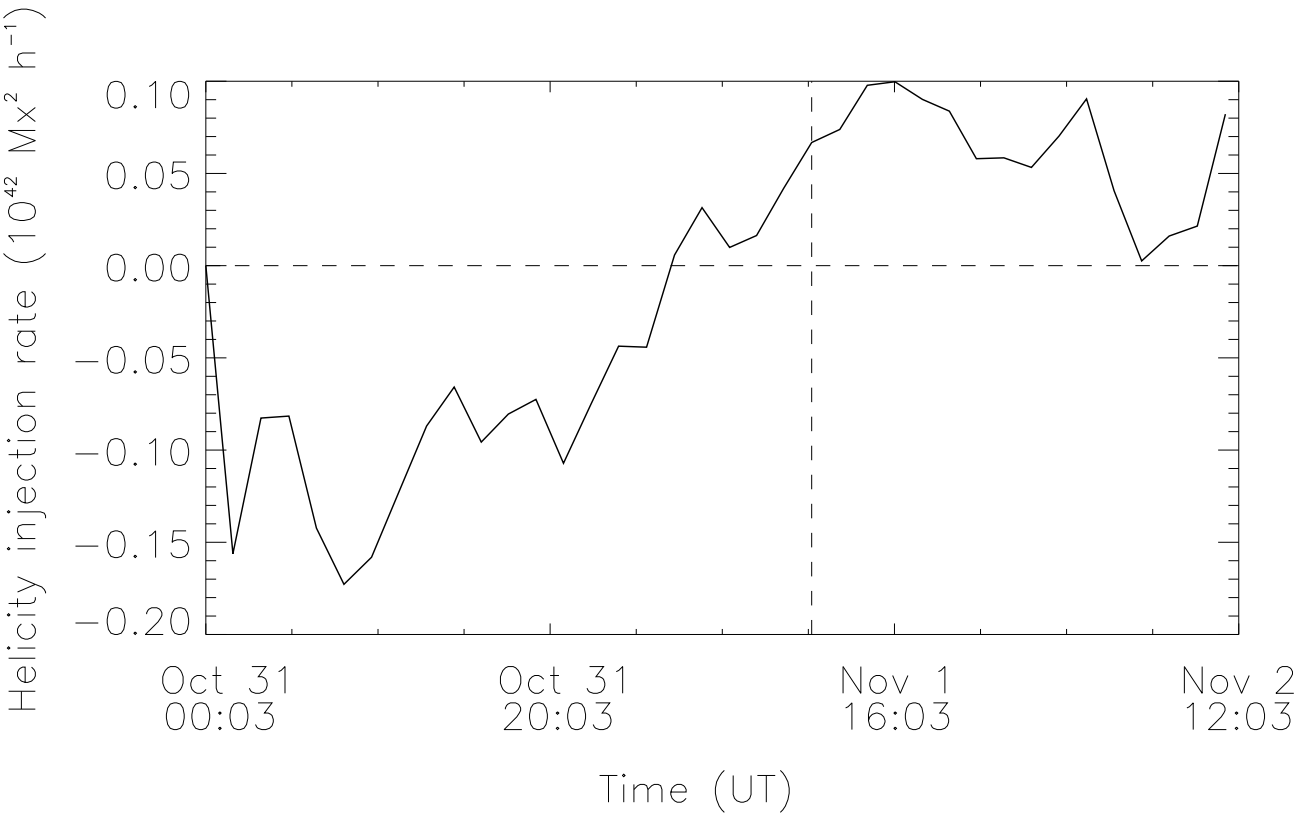
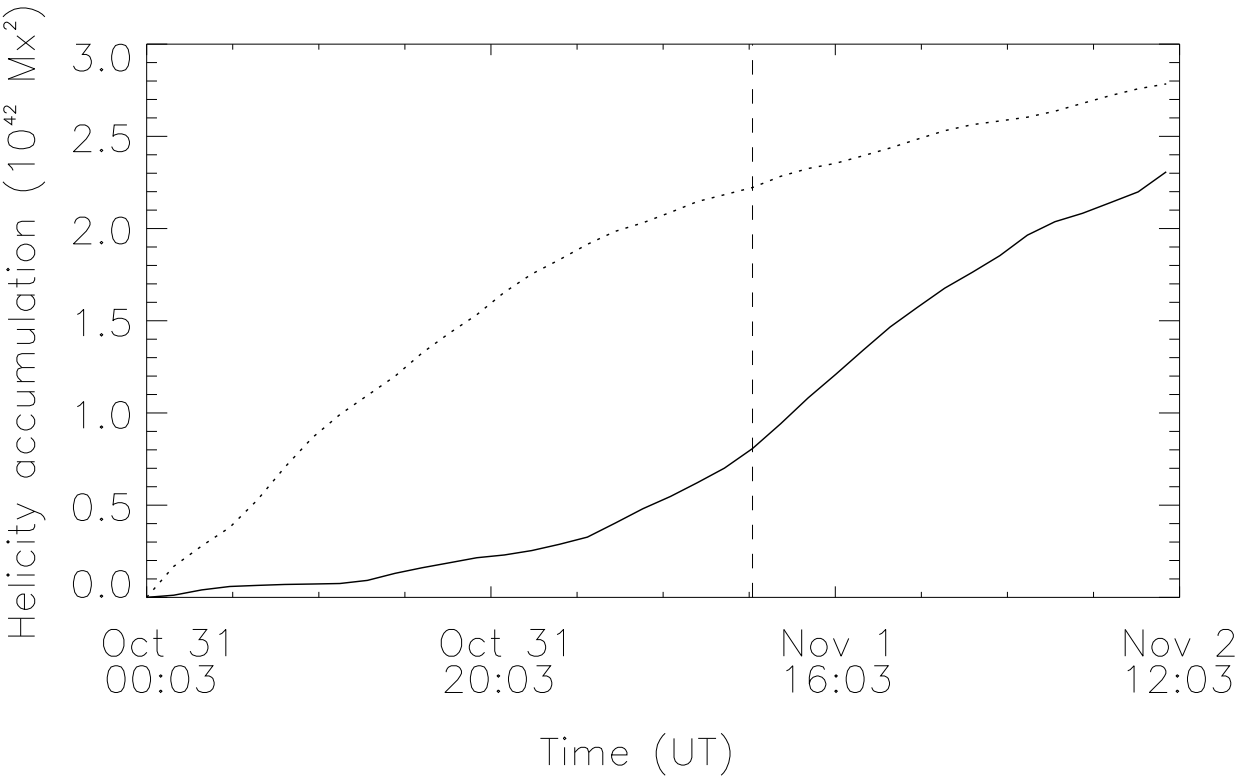

Helicity injection rate (10^{42} Mx^2 h^{-1})
0.10
0.05
0.00
−0.05
−0.10
−0.15
−0.20
Oct 31
00:03
Oct 31
20:03
Nov 1
16:03
Nov 2
12:03
Time (UT)

(a)


Helicity accumulation (10^{42} Mx^2)
3.0
2.5
2.0
1.5
1.0
0.5
0.0
Oct 31
00:03
Oct 31
20:03
Nov 1
16:03
Nov 2
12:03
Time (UT)

(b)