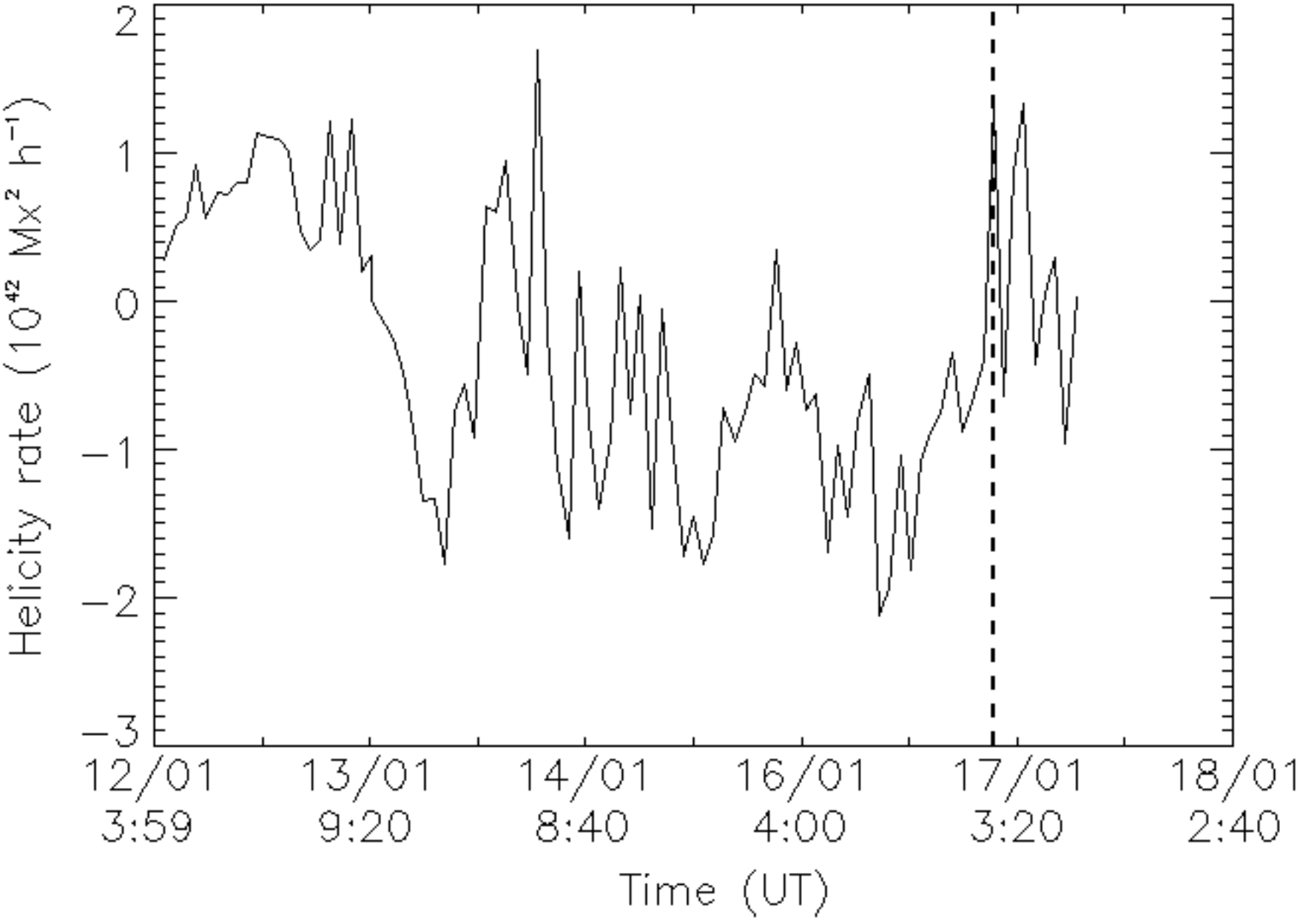
Helicity rate (10^{42} Mx^2 h^{-1})
2
1
0
−1
−2
−3
12/01 3:59
13/01 9:20
14/01 8:40
16/01 4:00
17/01 3:20
18/01 2:40
Time (UT)