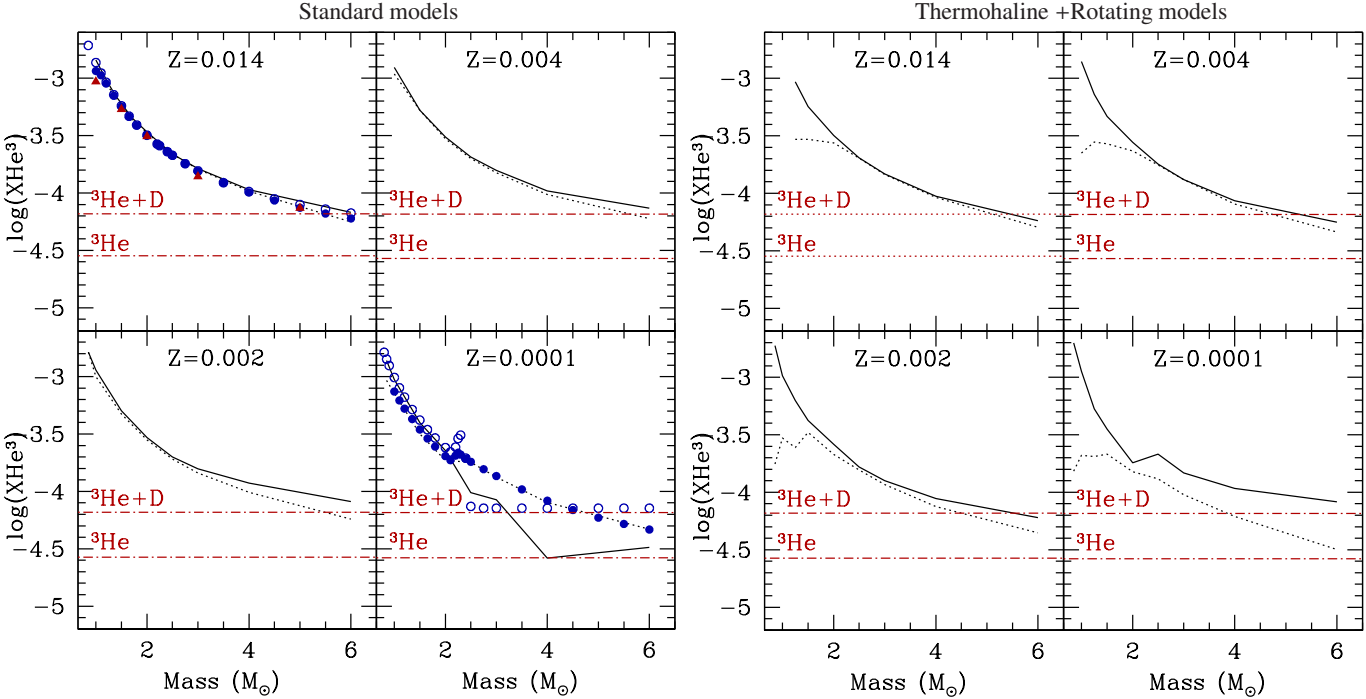
Standard models
Thermohaline +Rotating models
Z=0.014
Z=0.004
Z=0.002
Z=0.0001
^{3}He+D
^{3}He
log(XHe^3)
Mass (M$_\odot$)