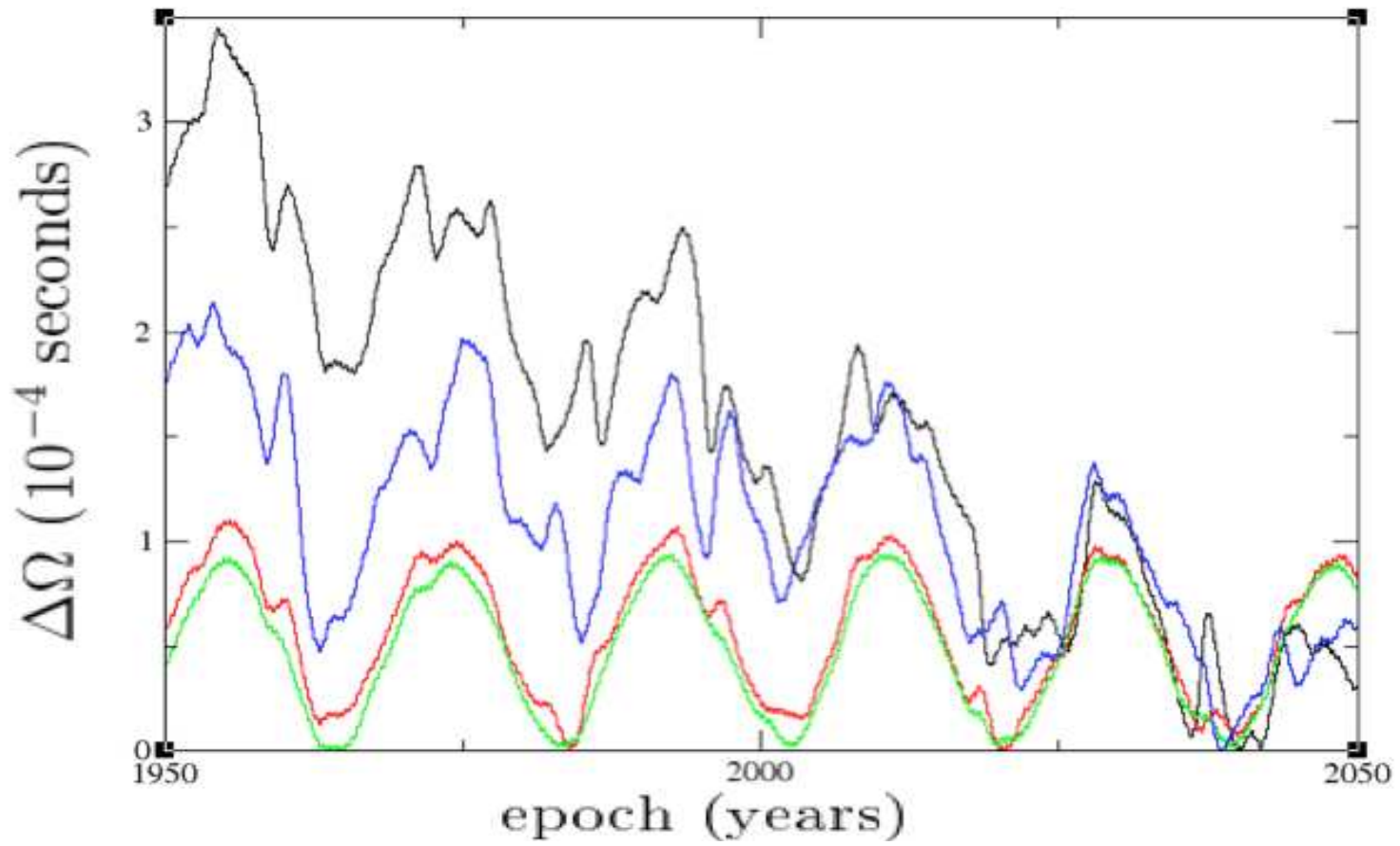
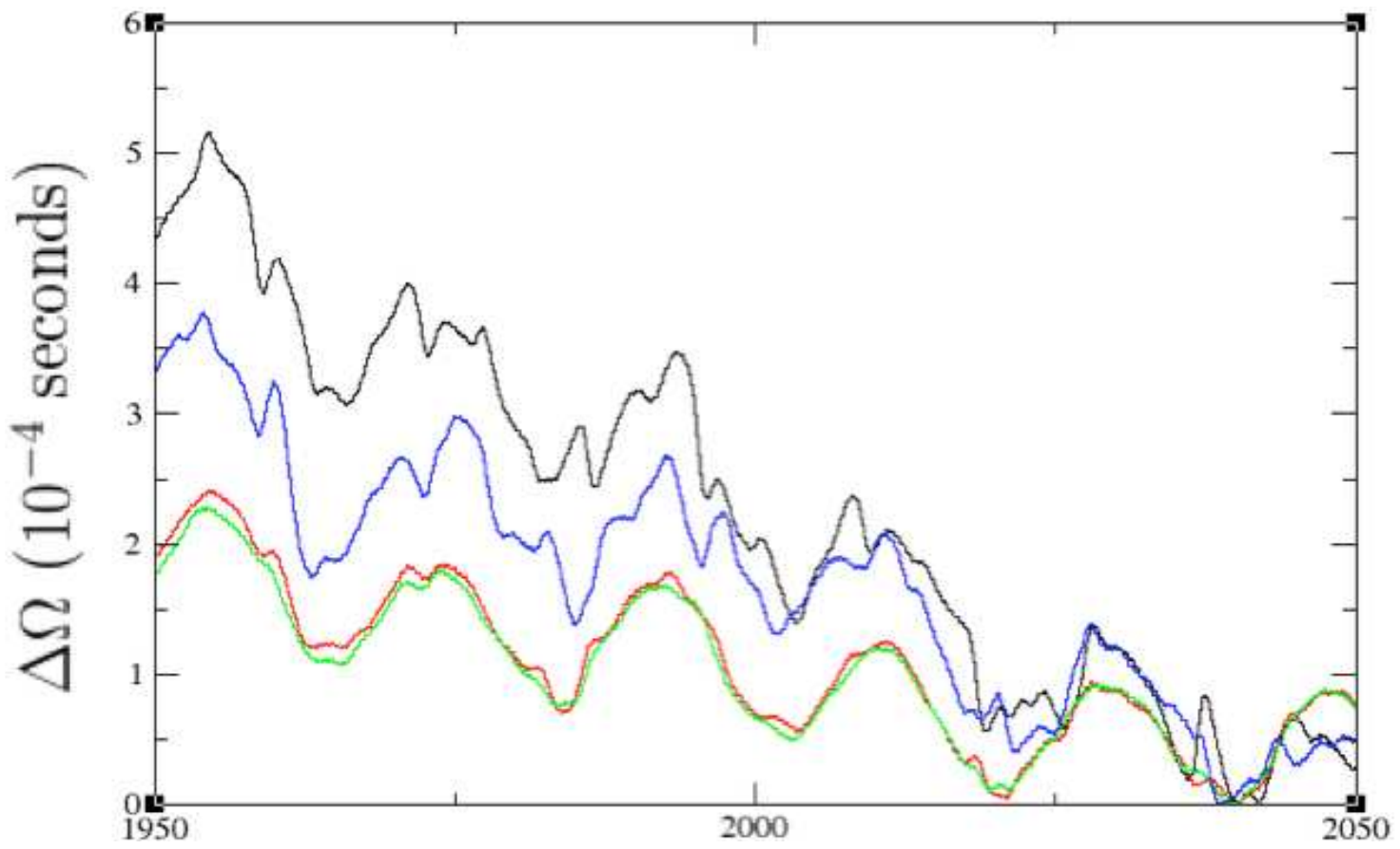

3
2
1
0
1950
2000
2050
epoch (years)
$\Delta\Omega$ (10^{-4} seconds)

(a)


6
5
4
3
2
1
0
1950
2000
2050
$\Delta\Omega$ (10^{-4} seconds)

(b)