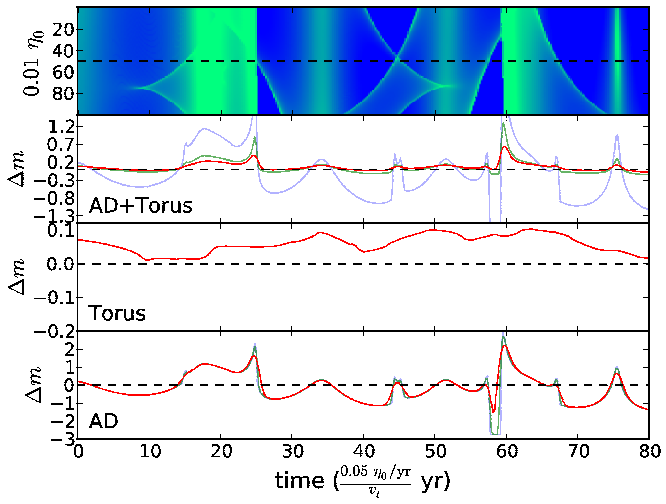
0.01 η_0
20
40
60
80
Δm
1.2
0.7
0.2
−0.3
−0.8
−1.3
AD+Torus
Δm
0.1
0.0
−0.1
−0.2
Torus
Δm
2
1
0
−1
−2
−3
AD
0
10
20
30
40
50
60
70
80
time ($\frac{0.05\ \eta_0/\mathrm{yr}}{v_i}$ yr)