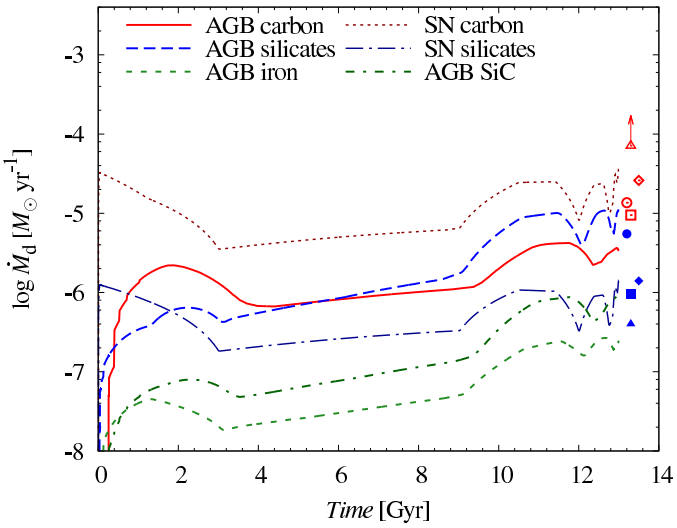
AGB carbon
AGB silicates
AGB iron
SN carbon
SN silicates
AGB SiC
-3
-4
-5
-6
-7
-8
0
2
4
6
8
10
12
14
log $\dot{M}_{\rm d}$ [$M_\odot$ yr^{-1}]
Time [Gyr]