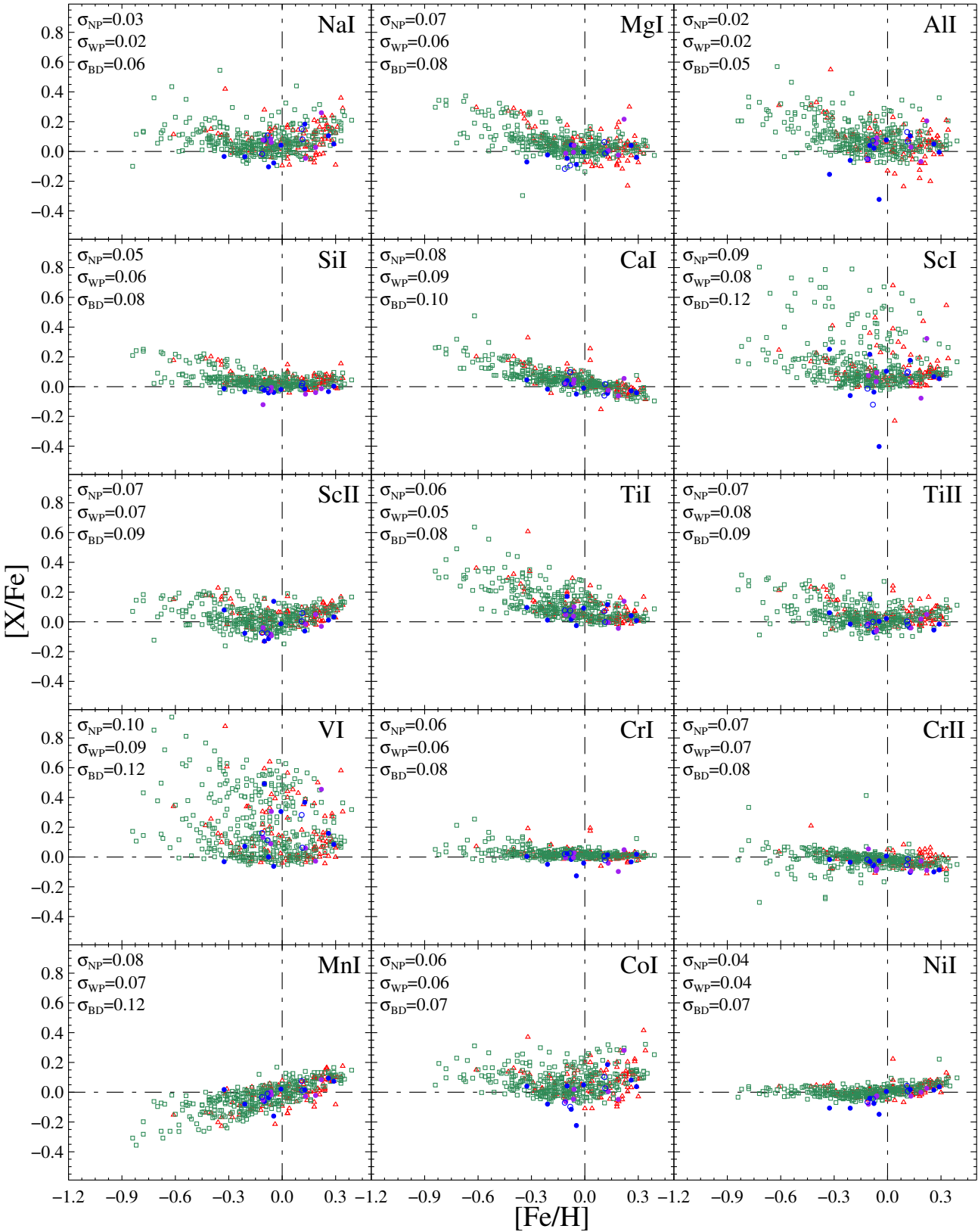1. Individual element abundance figures and histograms