

# Search for Axion-like particles from nearby pre-supernova stars

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Received 22 August 2025 / Accepted 17 December 2025

## ABSTRACT

**Context.** Axion-like particles (ALPs) are hypothetical pseudoscalar bosons that arise in many extensions of the Standard Model and can be well-motivated dark-matter candidates. Nearby massive stars in the late stages of stellar evolution provide a promising environment for enhanced ALP production due to their high core temperatures and densities.

**Aims.** In this work, we aim to search for a combined signal of ALP-induced hard X-ray and soft  $\gamma$ -ray emission from 18 nearby pre-supernova stars. We intend to use the full public INTEGRAL/SPI 22-year database to create individual datasets and link the resulting spectra for a coherent analysis.

**Methods.** We used a maximum-likelihood approach to extract the fluxes of the selected nearby stars from 20–2000 keV. From stellar-evolution models, we obtain the expected spectral shapes of ALPs producing processes peaking in the 50–500 keV range, depending on the age and mass of the star. We then constructed a joint likelihood that acknowledges the uncertainties in individual stellar parameters toward a combined estimate for the coupling constants  $g_{ay}$  and  $g_{ae}$  as a function of the ALP mass  $m_a$ .

**Results.** We find that the hard X-ray and soft  $\gamma$ -ray fluxes of all selected stars are consistent with zero within uncertainties. We provide upper limits on the continuum flux as well as the 511 keV and 1809 keV lines from these sources. The combined estimate of the upper limit of the product  $g_{ay} \times g_{ae}$  is  $(0.008–2) \times 10^{-24} \text{ GeV}^{-1}$  (95% C.I.) and the ALP-photon coupling  $g_{ay} = (0.13–1.26) \times 10^{-11} \text{ GeV}^{-1}$  (95% C.I.) up to a mass of  $m_a \leq 10^{-11} \text{ eV}$  for different times to core-collapse and different magnetic-field models.

**Conclusions.** Our results are among the strongest limits on the ALP coupling constants in the literature. We also provide conservative limits on the coupling constants,  $g_{ay} \times g_{ae}$ , of  $(0.27–1.25) \times 10^{-24} \text{ GeV}^{-1}$  (95% C.I.) by assuming all stars but one to be in the early He-burning phase. This work shows that soft  $\gamma$ -ray observations are required to efficiently probe the ALP parameter space, as well as massive-star evolution models in general.

**Key words.** stars: AGB and post-AGB – stars: massive – gamma rays: stars

## 1. Introduction

Axion-like particles (ALPs), including the special case of QCD axions, are hypothetical, light, pseudo-scalar particles that couple very weakly to photons and other Standard-Model particles. Their interactions are described by the following Lagrangian:

$$\mathcal{L}_{\text{int}} = -\frac{1}{4}g_{ay}aF_{\mu\nu}\tilde{F}^{\mu\nu} - \sum_{f=e,p,n} g_{af}a\bar{f}\gamma_5 f, \quad (1)$$

where  $F_{\mu\nu}$  is the electromagnetic-field-strength tensor,  $\tilde{F}^{\mu\nu}$  its dual,  $a$  the ALP field, and  $f$  the SM fermion fields (in our case, we were only interested in electrons,  $e$ ). The coupling constants  $g_{ay}$  and  $g_{af}$  quantify the interaction strengths. QCD axions were originally introduced to resolve the strong CP

problem in quantum chromodynamics and are characterized by a model-dependent relationship between their mass and coupling constants (Di Luzio et al. 2020). More general ALPs emerge in several extensions of the Standard Model (SM) of particle physics (Jaeckel & Ringwald 2010; Ringwald 2014; Agrawal et al. 2021; Giannotti 2023; Antel et al. 2023) and lack any specific relation among couplings and mass.

From a top-down perspective, string theory predicts the presence of an “axiverse” with the QCD axion (Peccei & Quinn 1977b,a; Weinberg 1978; Wilczek 1978) and several ultralight ALPs (Arvanitaki et al. 2010; Cicoli et al. 2012, 2024). From a bottom-up perspective, ALPs offer an interesting physics case in relation to dark matter (Abbott & Sikivie 1983; Dine & Fischler 1983; Preskill et al. 1983; Arias et al. 2012; Adams et al. 2022) and to several astrophysical puzzles (Giannotti et al. 2016, 2017; Galanti et al. 2023). In this context, stars have long been

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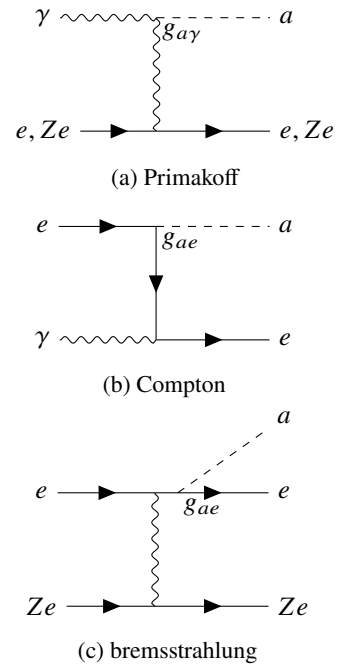
recognized as ALP factories (Raffelt 1996, 1999; Carenza et al. 2025), as stellar plasmas provide ideal conditions for producing large fluxes of these particles. The production of ALPs under these extreme temperature and density conditions provides an additional channel for energy loss. This can alter the evolution of horizontal branch stars (Ayala et al. 2014; Straniero et al. 2015; Dolan et al. 2022), red giants (Capozzi & Raffelt 2020; Straniero et al. 2020), and white dwarfs (Bertolami et al. 2014). Moreover, ALPs have been proposed as a possible explanation for the so-called stellar cooling anomaly – the observed excess cooling in several classes of stars (Giannotti et al. 2017, 2016). Additionally, they can be used as supernova (SN) probes since they are able to exit the stellar interiors earlier than photons (Lella et al. 2024). A comprehensive overview of the astrophysical implications of ALPs can be found in Carenza et al. (2025).

Notably, just a few years after the introduction of the QCD axion, Pierre Sikivie (Sikivie 1983) proposed to search for this elusive particle through dedicated observations of the Sun via the “helioscopes” technique (van Bibber et al. 1989). The key idea of these types of experiments is that in the case of an ALP-photon coupling  $g_{a\gamma}$ , ALPs can be produced in the Sun’s core via the Primakoff process (Carlson 1995; Primakoff 1951), and then convert into X-rays in the magnetic field of the detector (Andriamonje et al. 2007). The CAST experiment, the most mature example of an axion helioscope (Cetin 2024), recently presented a new analysis (Altenmüller et al. 2024), improving the previous bound from solar ALPs down to  $g_{a\gamma} < 5.7 \times 10^{-11} \text{ GeV}^{-1}$  for  $m_a \lesssim 0.02 \text{ eV}$ . The next generation of helioscopes, BabyIAXO Abeln et al. (2021b), Ahyoune et al. (2025), and the full-scale IAXO Armengaud et al. (2019), Arcusa et al. (2025) aim to improve the sensitivity to the axion–photon coupling relative to CAST by a factor of three and by more than an order of magnitude, respectively.

The Sun is the closest star to us, so one would expect it to be the best target for astrophysical ALP searches. However, other stellar environments have been shown to have a competitive physics potential. Notably, after the SN1987A neutrino observations, the occurrence of ALP burst produced in the SN core simultaneously with neutrinos was searched for. Notably, SN ALPs would have led to a gamma-ray burst, induced as a consequence of ALP-photon conversions in the Galactic magnetic field. The non-observation of such a signal in the Gamma-Ray Spectrometer (GRS) of the Solar Maximum Mission (SMM) coincides with the neutrino signal from SN 1987A, provided there is a strong bound on ALPs coupled with photons (Grifols et al. 1996; Brockway et al. 1996; Hoof & Schulz 2023). For  $m_a < 4 \times 10^{-10} \text{ eV}$ ,  $g_{a\gamma} < 5.3 \times 10^{-12} \text{ GeV}^{-1}$  (Payez et al. 2015) was found.

Other promising stellar sources for ALPs are nearby red supergiant (RSG) stars. Indeed, their high core temperatures and the steep dependence of the ALP production rate on temperature make them compelling sources of stellar ALPs. Remarkably, there are  $\sim 20$  supergiants with masses ranging from  $10\text{--}30 M_{\odot}$  within a distance of  $d \lesssim 1 \text{ kpc}$ .

An example studied quantitatively is the red supergiant star Betelgeuse ( $\alpha$  Orionis), which is of spectral type M2Iab, located at a distance of  $d \simeq 197 \text{ pc}$  (Dolan et al. 2016), and was proposed as an ALP target in a seminal paper by E. Carlson (Carlson 1995). Recently, Xiao et al. (2021) used the data of a dedicated 50 ks observation by the NuSTAR satellite (Harrison et al. 2013) to place a 95% C.I. upper limit on the ALP-photon coupling,  $g_{a\gamma} < (0.5\text{--}1.8) \times 10^{-11} \text{ GeV}^{-1}$ , for ALP masses of  $m_a < (5.5\text{--}3.5) \times 10^{-11} \text{ eV}$ , assuming only Primakoff production. Enlarging the production channels to include, besides the Pri-



**Fig. 1.** Feynman diagrams for ALPs production: Primakoff, Compton, and bremsstrahlung.

makoff process, bremsstrahlung and Compton processes induced by the ALP-electron coupling  $g_{ae}$ , Xiao et al. (2022) derived the constraint  $g_{a\gamma} \times g_{ae} < (0.4\text{--}2.8) \times 10^{-24} \text{ GeV}^{-1}$  for masses of  $m_a \leq (3.5\text{--}5.5) \times 10^{-11} \text{ eV}$ . Figure 1 shows the Feynman diagrams for the three ALP production mechanisms.

The search we performed as part of this work is complementary to the study by Xiao et al. (2022). Here, we extended their efforts to the  $\gamma$ -ray regime (20–2000 keV) for Betelgeuse and 17 additional nearby ( $< 1 \text{ kpc}$ ) red supergiants using data from INTEGRAL/SPI (Winkler et al. 2003; Vedrenne et al. 2003).

This paper is structured as follows. In Sect. 2, we describe our selection of candidate stars. Section 3 recapitulates the expected spectral signatures from ALPs. Our data-analysis method is described in Sect. 4. We present our results in Sect. 5 and conclude with an outlook in Sect. 6.

## 2. Source selection

The star sample chosen is a subset of the catalog provided in Mukhopadhyay et al. (2020). The catalog originally lists 31 core-collapse SN progenitors within 1 kpc that have both distance and mass estimates. These massive stars are believed to be in the late stages of nuclear burning close to core-collapse. We shortlist 18 red-supergiant candidates from this list. In Table 1, we present the details of the selected sources including their Galactic coordinates, common names, mass, and distance. The stars are selected in a way that they are far enough from bright sources in the SPI catalog (no bright sources within a  $30^\circ$  radius of our candidate source) and from potentially variable sources to avoid systematics from source confusion and variability.

Our final star sample consists of Betelgeuse (in close proximity with the Crab nebula, the brightest  $\gamma$ -ray source seen by INTEGRAL, and partly in SPI’s field of view), CE Tauri (also close to the Crab nebula and Betelgeuse), Rigel (Orion region), ten stars in the Cygnus region (carefully selected to avoid Cyg

**Table 1.** Pre-supernovae candidates within 1 kpc.

Common Name	Gal. long [deg]	Gal. lat [deg]	Distance [kpc]	Mass [ $M_{\odot}$ ]	$g_{ae} \times g_{\gamma}$ $2\sigma$ UL	$g_{\gamma}$ $2\sigma$ UL	511 keV $3\sigma$ UL	1.8 MeV $3\sigma$ UL	$M_{Al}$ [ $M_{\odot}$ ] $3\sigma$ UL
Spica	316.11	50.84	$0.077 \pm 0.004$	$11.43^{+1.15}_{-1.15}$	27.7	4.36	35.6	11.8	6
$\epsilon$ Pegasi	65.57	-31.45	$0.211 \pm 0.006$	$11.7^{+0.8}_{-0.8}$	13.5	3.26	30.3	9.7	37
Betelgeuse	199.78	-8.95	$0.222 \pm 0.040$	$11.6^{+3.0}_{-3.9}$	8.1	2.15	11.1	4.4	19
$\zeta$ Cephei	103.06	1.66	$0.256 \pm 0.006$	$10.1^{+0.1}_{-0.1}$	3.3	1.97	1.1	0.4	2
Rigel	209.24	-25.24	$0.264 \pm 0.024$	$21.0^{+3.0}_{-3.0}$	11.7	3.31	5.7	1.8	11
$\xi$ Cygni	71.01	3.36	$0.278 \pm 0.029$	8.0	25.1	5.69	13.4	4.6	30
S Monocerotis A	202.93	2.19	$0.282 \pm 0.040$	29.1	41.8	5.51	45.9	13.3	90
CE Tauri	187.17	-8.07	$0.326 \pm 0.070$	$14.37^{+2.00}_{-2.00}$	50.8	5.86	289.0	41.4	375
12 Pegasi	76.64	-22.82	$0.415 \pm 0.031$	$6.3^{+0.7}_{-0.7}$	56.4	6.68	100.0	17.0	250
5 Lacertae	99.66	-8.65	$0.505 \pm 0.046$	$5.11^{+0.18}_{-0.18}$	17.2	3.60	1.9	0.7	15
VV Cephei	104.92	7.04	$0.599 \pm 0.083$	$10.6^{+1.0}_{-1.0}$	4.7	3.11	1.1	0.4	13
$\theta$ Delphini	57.94	-16.60	$0.629 \pm 0.029$	$5.60^{+3.0}_{-3.0}$	22.5	4.98	45.8	14.9	503
V381 Cephei	98.18	6.35	$0.631 \pm 0.086$	12.0	5.1	2.01	2.3	0.9	31
V424 Lacertae	104.58	-8.99	$0.634 \pm 0.075$	$6.8^{+1.0}_{-1.0}$	4.2	4.93	1.2	0.5	16
HR 861	135.95	4.66	$0.639 \pm 0.039$	$9.2^{+0.5}_{-0.5}$	14.4	2.30	1.9	0.7	25
V809 Cassiopeia	112.61	1.72	$0.730 \pm 0.074$	$8.3^{+0.5}_{-0.5}$	2.0	1.19	0.7	0.3	13
HR 8248	90.83	-4.30	$0.746 \pm 0.039$	$6.3^{+0.7}_{-0.7}$	4.6	1.66	4.7	1.8	85
$\alpha$ Cygni	84.28	1.99	$0.802 \pm 0.066$	$19.0^{+4.0}_{-4.0}$	11.5	3.58	11.5	3.9	213
combined:					1.9	1.26			

**Notes.** List of massive stars used in this analysis along with their Galactic coordinates, distance, and mass (obtained from Mukhopadhyay et al. (2020)). We also show the most conservative ( $B_r = 0.4 \mu\text{G}$ ,  $t_{cc} = 1.55 \times 10^5 \text{ yr}$ ) 95% confidence-interval upper limit obtained for the coupling product,  $g_{ae} \times g_{\gamma}$ , and for the photon-only coupling,  $g_{\gamma}$ . In addition, the  $3\sigma$  flux upper limits for the 511 keV and the 1809 keV are also listed. Finally, the  $^{26}\text{Al}$  mass expected based on the 1809 keV flux is also shown. The units of  $g_{ae} \times g_{\gamma}$ ,  $g_{\gamma}$ , the line fluxes, and the  $^{26}\text{Al}$  masses are  $10^{-24} \text{ GeV}^{-1}$ ,  $10^{-11} \text{ GeV}^{-1}$ ,  $10^{-5} \text{ ph cm}^{-2} \text{ s}^{-1}$ , and  $10^{-5} M_{\odot}$ , respectively.

X-1), three stars in the Pegasus region, Spica, and S Monocerotis A (Orion region) (Fig. 2).

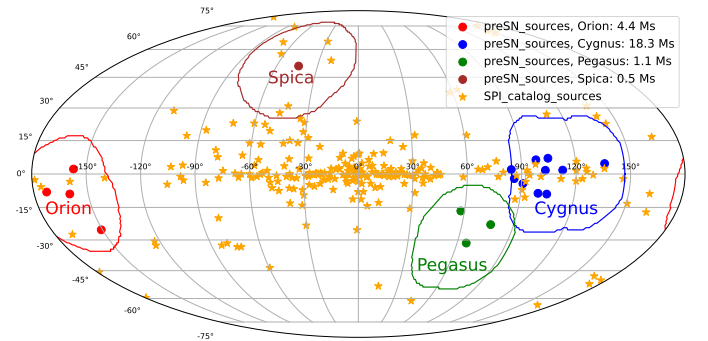
### 3. ALP spectrum and stellar models

The ALP source spectrum from a red-supergiant star can be approximated by

$$\begin{aligned} \frac{d\dot{N}_a}{dE} = & \frac{10^{42}}{\text{keV s}} \left[ C^B g_{13}^2 \left( \frac{E}{E_0^B} \right)^{\beta^B} e^{-(\beta^B+1)E/E_0^B} \right. \\ & + C^C g_{13}^2 \left( \frac{E}{E_0^C} \right)^{\beta^C} e^{-(\beta^C+1)E/E_0^C} \\ & \left. + C^P g_{11}^2 \left( \frac{E}{E_0^P} \right)^{\beta^P} e^{-(\beta^P+1)E/E_0^P} \right], \end{aligned} \quad (2)$$

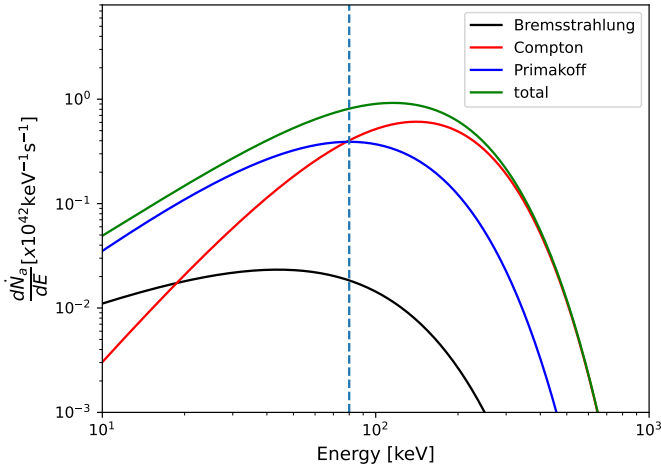
where  $g_{11} = g_{\gamma}/10^{-11} \text{ GeV}^{-1}$ ,  $g_{13} = g_{ae}/10^{-13}$ , and  $C^{B/C/P}$  are the normalizations,  $E_0^{B/C/P}$  are the cut-off energies, and  $\beta^{B/C/P}$  are the spectral indices for bremsstrahlung, Compton, and Primakoff processes, respectively.

This follows the description of Xiao et al. (2022), which used the full network stellar evolution code (FuNS (Straniero et al. 2019)) to derive the fluxes and spectral shapes. The values for these parameters in the case of Betelgeuse had been obtained from previous simulations (Xiao et al. 2022) for different times to core-collapse ( $t_{cc}$ ). The fluxes depend on the temperature and density conditions derived directly from the hydrodynamics profiles provided by the code. All the stellar models considered lead to a surface luminosity able to reproduce the position of these stars in the Hertzsprung-Russell diagram. The models cover a



**Fig. 2.** Orange stars show location of all sources detected with SPI so far (Bouchet et al. 2008). The circular dots show the red supergiants used in this work. The colored boundaries are the exposure regions for each dataset.

wide range of stellar evolutionary phases that reproduce the observational data. The closer a star is to core-collapse, the hotter its core, and therefore it should have a higher ALP production rate, resulting in a higher  $\gamma$ -ray flux. In Fig. 3, we show the expected ALP flux contributions from the three production mechanisms as well as their combined spectrum for Betelgeuse at a time to a core collapse of 6900 yr. For comparison, we indicate the energy upper limit of NuSTAR (79 keV; dashed blue line), highlighting that the bulk of the ALP-induced emission lies above NuSTAR's sensitivity limit and extends into the soft  $\gamma$ -ray regime. This emphasizes the suitability of using INTEGRAL/SPI to probe this energy range.



**Fig. 3.** Expected ALP fluxes from bremsstrahlung (black), Compton (red), Primakoff (blue), and total (green) using  $g_{ae} = 10^{-13}$ ,  $g_{ay} = 10^{-11} \text{ GeV}^{-1}$ , and a time to core collapse of  $t_{cc} = 6900 \text{ yr}$ . The dashed blue line shows the energy upper limit of NuSTAR (79 keV).

The differential photon flux per unit energy arriving at Earth is

$$\frac{dN_\gamma}{dE dS dt} = \frac{1}{4\pi d^2} \frac{d\dot{N}_a}{dE} P_{ay} \equiv F(E_{\text{ini}}, m_a, g_{ay}, g_{ae}), \quad (3)$$

where  $P_{ay}$  is the ALP-photon-conversion probability given by

$$P_{ay} = 8.7 \times 10^{-6} g_{11}^2 \left( \frac{B_T}{1 \mu\text{G}} \right)^2 \left( \frac{d}{197 \text{ pc}} \right)^2 \frac{\sin^2(qd)}{(qd)^2}. \quad (4)$$

Here,  $B_T$  is the Galactic magnetic field,  $d$  is the distance to the star, and  $q$  is the momentum transfer (Xiao et al. 2022). The product of the momentum transfer,  $q$ , and the distance,  $d$ , is given by

$$qd \simeq \left[ 77 \left( \frac{m_a}{10^{-10} \text{ eV}} \right)^2 - 0.14 \left( \frac{n_e}{0.013 \text{ cm}^{-3}} \right) \right] \times \left( \frac{d}{197 \text{ pc}} \right) \left( \frac{E}{1 \text{ keV}} \right)^{-1}. \quad (5)$$

Here,  $m_a$  is the mass of the ALP and  $n_e$  is the electron density. For sources within  $<1 \text{ kpc}$ , we assumed a uniform electron density ( $n_e = 0.013 \text{ cm}^{-3}$ ) and three Galactic magnetic-field scenarios with uniform Galactic magnetic field ( $B_T = 0.4, 1.4, 3.0 \mu\text{G}$ ). These values are motivated by measurements of Betelgeuse, as also quoted in Xiao et al. (2022). Since the Galactic magnetic field at  $\sim$ hundred pc distances is not very well modeled, we used Betelgeuse indicatively and employed the three above-mentioned  $B_T$  scenarios to help us cover a wide range of realistic possibilities. The given spectrum and expected flux contributions were specifically created for Betelgeuse. However, we also used it for other stars even though the parameters might depend on the mass of the star. The mass distribution of our stellar sample ranges from  $5 M_\odot$ – $29 M_\odot$  with the average mass of a star being  $\sim 11.5 M_\odot$ . The average star mass is comparable to Betelgeuse, and due to our combined analysis approach, it is a fair assumption to apply this same spectrum to other stars.

## 4. Dataset and analysis

### 4.1. SPI data analysis

We used INTEGRAL/SPI observations in the 20–2000 keV energy range with a field of view of  $20^\circ$ , around the regions of Orion/Betelgeuse (4.4 Ms, 1770 pointings, 2486 sec per pointing), Cygnus (18.3 Ms, 7463 pointings, 2452 sec per pointing), Pegasus (1.1 Ms, 482 pointings, 2282 sec per pointing), and Spica (0.5 Ms, 239 pointings, 2092 sec per pointing). We selected pointings that fall within a  $10^\circ$  radius around our source of interest, namely Betelgeuse ( $l = 199.787^\circ$ ,  $b = -8.959^\circ$ ), Rigel ( $l = 209.24^\circ$ ,  $b = -25.24^\circ$ ), Spica ( $l = -43.88^\circ$ ,  $b = 50.84^\circ$ ), Pegasus ( $l = 76^\circ$ ,  $b = -37^\circ$ ), and a rectangular region spanning ( $l = [100^\circ, 130^\circ]$ ,  $b = [-10^\circ, 10^\circ]$ ) for Cygnus (shown in Fig. 2 with exposure outlines). Data from SPI were modeled in the following way:

$$d_{i,j,k} = \sum_l R_{l,ijk} \sum_{n=1}^{N_s} \alpha_{nk} S_{nl} + \sum_{n=N_s+1}^{N_s+N_b} \beta_{nk} B_{n,ijk}, \quad (6)$$

where  $d_{i,j,k}$  is the event counts, with  $i$ ,  $j$ , and  $k$  being the indices of the pointing, detector, and energy bin that spans the data space, respectively.  $R_{l,ijk}$  is the instrument response for a given sky direction,  $l$ . This also includes the effective area and determines the point spread function. The energy dispersion is included in the spectral fits, which are named as  $E_{\text{ini}}$ ,  $E_{\text{fin}}$ .  $\alpha_{nk}$  and  $\beta_{nk}$  are the normalization factors (model parameters) for the  $N_s$  sky model components,  $S_n$ , and  $N_b$  background model components,  $B_n$ , respectively (Diehl et al. 2018). We assumed no a priori spectra, so the extracted data points for each source (flux values), correspond to  $\alpha_{nk}$  for each of the  $n$  sources. The background was created from the SPI background and response database (Diehl et al. 2018; Siebert et al. 2019). The background at a specific energy bin was modeled using two components: photons from continuum processes, and photons from  $\gamma$ -ray lines. For a specific physical process inside the satellite, the detector patterns from the background stay constant. The only thing that might change as a function of time/pointing is the amplitude of the two background components, which was determined in a maximum-likelihood fit. The sky model is defined by a list of known SPI point sources (Bouchet et al. 2008) (Fig. 2 orange), the diffuse positron annihilation signal, and the diffuse 1.8 MeV line from the decay of  $^{26}\text{Al}$ , as well as any additional source one would like to fit. In the Betelgeuse dataset, this would mean five SPI point sources, plus our four red-supergiant candidates (Betelgeuse, Rigel, CE Tauri, and S Monocerotis A at their respective positions), plus the diffuse positron annihilation map (Siebert et al. 2016) for 467.5–514 keV and the diffuse  $^{26}\text{Al}$  map for the 1809 keV bin. To account for any possible strong and/or variable source contamination such as from the Crab, narrow energy bins (0.5 keV bins from 20–105 keV, 2 keV bins from 105–203 keV, and logarithmic bins from 203–2000 keV) were used for the Betelgeuse region. Such narrow energy bins would result in an oversampling of the energy dispersion. The oversampling is only to account for the highly variable background (strong lines) and is not relevant here because the ALP model spectra are broadband. For the other three regions, logarithmic energy bins were found to be sufficient, and narrow bins did not significantly affect the quality of the fit. Finally, we used OSA/spimodfit (Courvoisier et al. 2003; Strong et al. 2005) to extract the flux per energy bin by fitting the SPI data using Eq. (6).

After an initial maximum likelihood fit to extract the SPI spectrum from the raw detector counts by fitting the sky and

background model components independently in each energy bin Eq. (6), we found that some of the observations (Betelgeuse region: 8%, Cygnus region: 3%) were contaminated via the investigation of the residuals as a function of pointing ID. We iteratively removed these “bad pointings” by clipping outliers that deviate from our expectation by more than  $5\sigma$ . Such outliers typically originate in solar particle events or transients that are not modeled in this approach. This results in typical goodness-of-fit values of  $\chi^2/\text{d.o.f}$  of Orion:  $1.02 \pm 0.02$ , Cygnus:  $0.89 \pm 0.02$ , Pegasus:  $0.99 \pm 0.03$ , and Spica:  $1.00 \pm 0.02$ , which is adequate given the number of data points in each dataset being around 33630, 141797, 9158, and 4541, respectively. We quote the mean and standard deviation of these per bin  $\chi^2/\text{d.o.f}$  values to demonstrate the quality of the background and sky modeling in each region. These values only serve as a diagnostic of SPI spectral extraction.

The  $\gamma$ -ray spectrum obtained from SPI for Betelgeuse in particular, and all of the other 17 sources, is consistent with zero, leading us to estimate upper limits for the two couplings. Fig. 4 shows the extracted SPI spectrum of Betelgeuse to which different ALP spectra (age:  $1.55 \times 10^5$ – $3.6$  yr; Galactic magnetic field  $B_T$ : 0.4, 1.4, 3.0  $\mu\text{G}$ ; distance  $d$ : 222 pc; electron density  $n_e$ : 0.013  $\text{cm}^{-3}$ ; ALP mass  $m_a$ :  $10^{-14}$ – $10^{-9}$  eV) were fit. The spectra were fit with a Gaussian likelihood corresponding to  $\chi^2$ :

$$\chi^2(\alpha_k | M_k(m_a, g_{ay}, g_{ae})) = \sum_k \left( \frac{\alpha_k - M_k(m_a, g_{ay}, g_{ae})}{\sigma_{\alpha_k}} \right)^2, \quad (7)$$

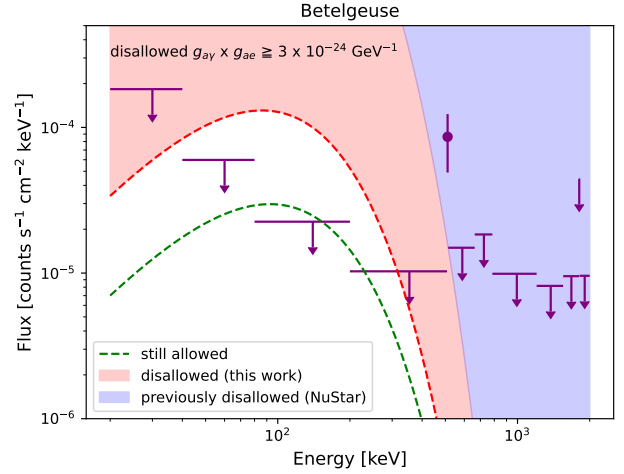
with

$$M_k(m_a, g_{ay}, g_{ae}) = \frac{1}{\Delta E_k} \int_{E_{\text{min},k}}^{E_{\text{max},k}} F(E_{\text{ini}}, m_a, g_{ay}, g_{ae}) \cdot R(E_{\text{ini}}) dE_{\text{ini}}, \quad (8)$$

where  $\alpha_k$  is the extracted flux values,  $\sigma_{\alpha_k}$  are the uncertainty on the flux values, and  $R$  is the instrument response matrix. This  $\chi^2$  is the statistical quantity that is used to evaluate the ALP model parameters and is unrelated to the  $\chi^2/\text{d.o.f}$  values quoted for the SPI spectral extraction process. Since the spectrum is consistent with zero, we show the  $3\sigma$  upper limits for energy bins where the flux significance is  $< 2\sigma$ . In the red shaded region, we also show the flux allowed by earlier constraints, such as from the NuSTAR study by Xiao et al. (2022), which was disallowed in this study since the flux expectation is higher than the  $3\sigma$  flux measured by SPI. Similarly, the blue shaded regions are the allowed flux values that were already rejected in the NuSTAR study. For the spectral analysis, we used 14 different ALP spectra combinations, 12 of which are for  $B_T = 1.4 \mu\text{G}$  and  $t_{\text{cc}}$  ranging from  $1.55 \times 10^5$ – $3.6$  yr (Xiao et al. 2022); one is for  $B_T = 3.0 \mu\text{G}$  and  $t_{\text{cc}} = 3.6$  yr, and one is for  $B_T = 0.4 \mu\text{G}$  and  $t_{\text{cc}} = 1.55 \times 10^5$  yr. Such a wide range of spectral model combinations ensure that the entire range of possibilities is accounted for, ranging from very conservative cases (low Galactic magnetic field and early phases of stellar evolution) to the most optimistic cases (high Galactic magnetic field and late stages of stellar evolution). Therefore, any possible realistic scenario would always lie in the range of coupling constants obtained from these two extreme cases.

#### 4.2. Hierarchical modeling approach

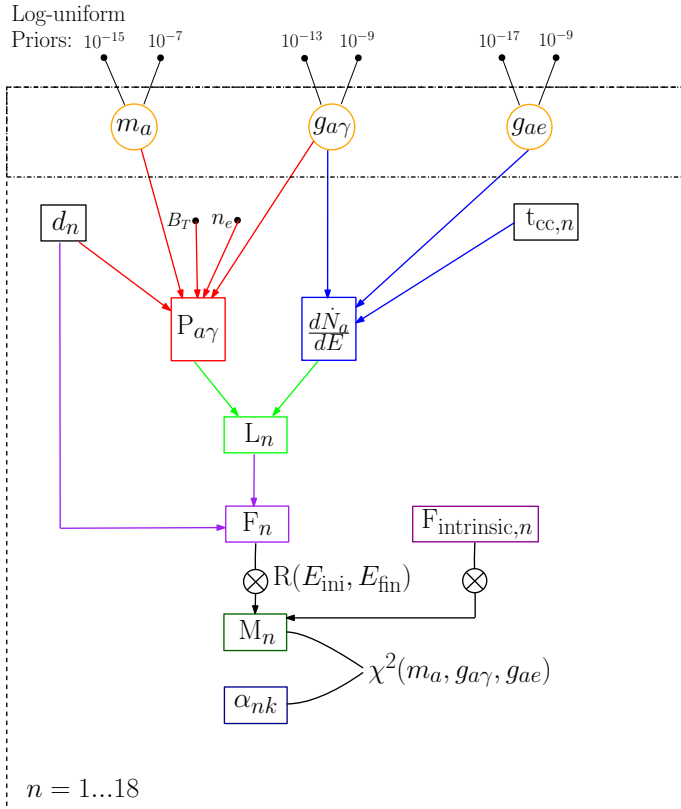
Figure 5 presents the Bayesian hierarchical model used to jointly constrain the properties of ALPs from  $\gamma$ -ray observations of the 18 sources. The three key ALP parameters - the ALP mass  $m_a$ ,



**Fig. 4.** Betelgeuse spectrum as obtained from SPI for the 20–2000 keV energy range. The dot with the error bar shows the flux value in that energy bin. The downward-pointing arrows show the  $3\sigma$  upper limit for bins where the flux significance is less than  $2\sigma$ . The 511 keV bin is systematically large because of incomplete modeling of the diffuse emission in the Crab/Orion region and is therefore not taken as a detection of 511 keV in Betelgeuse. The red shaded region shows the flux from the  $g_{ay} \times g_{ae}$  values allowed by NuSTAR that can now directly be excluded from the ALP parameter space since the flux prediction from them is larger than the  $3\sigma$  flux limits from SPI. The excluded limit is  $g_{ay} \times g_{ae} \geq 3 \times 10^{-24} \text{ GeV}^{-1}$ . The blue shaded region shows the flux from the  $g_{ay} \times g_{ae}$  values that were already disallowed in the NuSTAR study (Xiao et al. 2022).

ALP-photon coupling  $g_{ay}$ , and the ALP-electron coupling  $g_{ae}$  - were treated as global parameters and linked across all sources, and they were assigned priors in a Bayesian inference framework. These govern both the production of ALPs in stellar interiors and their conversion to photons in the Galactic magnetic field.

To perform the combined analysis, we assumed a shared spectral shape for the ALP-induced  $\gamma$ -ray flux across all stars ( $n = 1 \dots 18$ ) as the underlying physical mechanisms in all stars remain the same. This spectral shape is derived from standard ALP emission processes (Compton, Primakoff, bremsstrahlung) and depends on  $t_{\text{cc}}$ ,  $g_{ay}$ , and  $g_{ae}$ . The ALP-photon-conversion probability,  $P_{ay}(m_a, g_{ay}, B_T, n_e, d_n)$ , further modifies this spectrum, depending on the fixed parameters  $B_T = (0.4, 1.4, 3.0) \mu\text{G}$ , and  $n_e = 0.013 \text{ cm}^{-3}$ , and the distance to each star,  $d_n$ , which may also be uncertain. However, our assumption of a uniform magnetic field helps us eliminate the distance dependence in the expected photon flux. While the spectral normalization varies from star to star due to differences in  $d_n$  (scaling as  $1/4\pi d_n^2$ ), the underlying spectral shape and the governing ALP parameters are common to all sources. Each star’s predicted photon flux,  $F_n$ , is obtained by scaling the ALP luminosity,  $L_n = d\dot{N}_a/dE \times P_{ay}$  by the respective distance (see Eq. (3)). The smooth astrophysical models in units of  $\text{ph cm}^{-2} \text{ s}^{-1} \text{ keV}^{-1}$  are then converted to observable counts by applying the instrument response matrix  $R(E_{\text{ini}}, E_{\text{fin}})$  (Eq. (8)). An additional component  $F_{\text{intrinsic},n}$  may account for known  $\gamma$ -ray line or continuum emissions, including the 511 keV positron annihilation line and positronium continuum, and the 1.809 MeV line from  $^{26}\text{Al}$  decay unless already modeled in the spectral-extraction step. The full model is fit to the observed data  $\alpha_{nk}$  for each star via a likelihood function (Eq. (7)), and the fit is performed jointly across all 18 stars using the multi-mission maximum-likelihood (3ML) framework



**Fig. 5.** Bayesian hierarchical model used to constrain ALP parameters:  $m_a$ ,  $g_{a\gamma}$ ,  $g_{ae}$ . The model assumes that these global parameters are shared across all 18 sources and govern both ALP production in stellar interiors and their conversion to photons in the Galactic magnetic field. Each star contributes a predicted photon flux based on its luminosity, distance, and a shared ALP spectral shape. This flux was convolved with the instrument response to yield the expected counts that were compared to the observed data. A joint-likelihood analysis was performed across all sources using the 3ML framework to obtain constraints on the ALP parameter space.

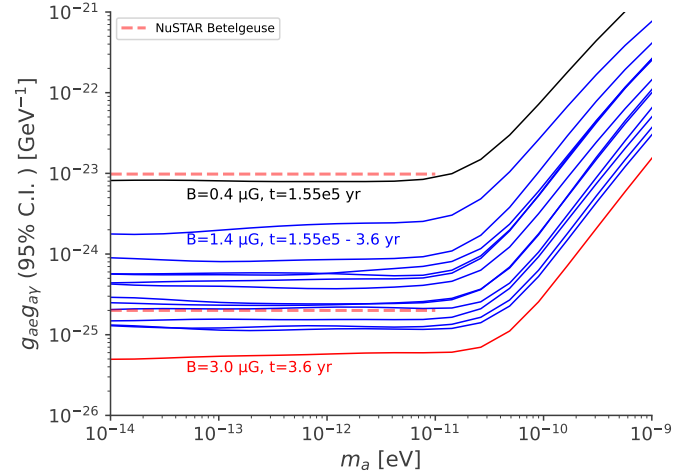
(Vianello et al. 2015). The 3ML framework allows for shared parameters across multiple datasets, enabling a coherent global fit in which the particle physics parameters,  $m_a$ ,  $g_{a\gamma}$ ,  $g_{ae}$ , are simultaneously constrained using all available information and uncertainties. The model thus fully exploits the consistency of ALP physics across stellar environments while accounting for differences in source distances, instrumental responses, and intrinsic background features.

## 5. Results

### 5.1. Individual stars

We used a representative ALP spectrum (also taken from Xiao et al. 2022) to fit our source spectrum and estimate the parameter values of  $g_{ae} \times g_{a\gamma}$  for a given range of  $m_a$ . Figure 6 shows the 95% C.I. obtained from Betelgeuse for our set of available stellar models. We find that the constraints obtained from SPI for Betelgeuse are a factor of  $\sim 5$  better than those estimated from NuSTAR. This improvement is also shown in Fig. 6.

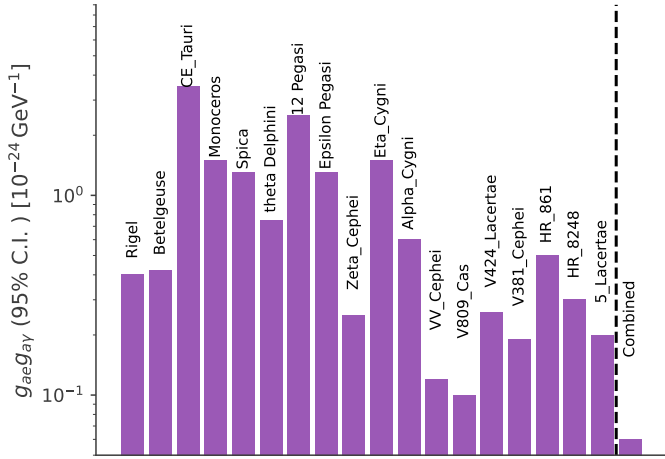
In Fig. 7, we show the 95% C.I. obtained for each individual star and from a combined analysis of all stars (see 4.2) for a representative stellar model  $t_{cc} = 6900$  yr and  $B_T = 1.4 \mu\text{G}$ . We find that not all stars result in the same limits, as expected from the different exposure times and distances. We assume each



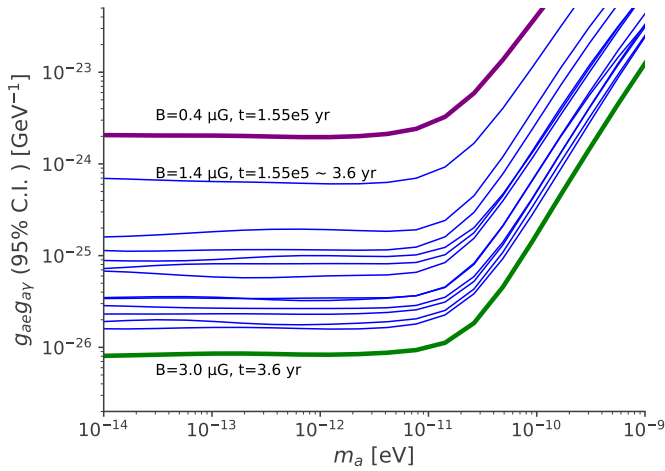
**Fig. 6.** 95% C.I. upper limits of  $g_{ae} \times g_{a\gamma}$  as function of ALP mass for Betelgeuse in the 20–600 keV energy range. The solid blue lines show the upper limit for each stellar model, assuming a representative value of  $B_T = 1.4 \mu\text{G}$  with the top blue line corresponding to  $t_{cc} = 1.55 \times 10^5$  yr and the bottom blue line corresponding to  $t_{cc} = 3.6$  yr. The constraints will scale with different  $B_T$  as in Eq. (4); the solid black line shows the upper limit for the most conservative ( $B_T = 0.4 \mu\text{G}$  and  $t_{cc} = 1.55 \times 10^5$  yr) and the solid red line for the most optimistic cases ( $B_T = 3.0 \mu\text{G}$  and  $t_{cc} = 3.6$  yr). For comparison, we also show the 95% C.I. upper limits of  $g_{ae} \times g_{a\gamma}$  obtained from Xiao et al. (2022) for the most conservative and optimistic cases with dashed red lines.

star can be modeled by the spectrum estimated for Betelgeuse (Xiao et al. 2022). While the detailed spectral shape may vary with stellar mass, the underlying physical processes governing ALP production are expected to be similar for stars in comparable evolutionary stages. Additionally, we assume that all stars are in the same burning phase. These assumptions ensure that any realistic scenario would lie within the range spanned by the various combinations of this model, thereby providing a range of possible constraints. We estimate that using this single stellar evolution model for a  $12 M_{\odot}$ , stars such as Betelgeuse will result in a systematic uncertainty. Due to the stiff dependence on the core temperature, typical uncertainties on stellar profiles may lead to uncertainties that can be maximally estimated to within  $\sim 1$  order of magnitude of difference in the fluxes, leading to uncertainties within a factor of  $\sim 2$ – $3$  on the resulting limits. This same mass assumption and uncertainty is negligible compared to the uncertainties on the time to core collapse or the magnetic field on the line of sight between the detector and the respective star. Additionally, some regions in the sky are observed more often than others, giving us better statistics for the respective sources such as for the sources in the Cygnus region. Nevertheless, as reported by Xiao et al. (2022), their analysis can be extended (essentially unchanged) to other close-by supergiant stars, strengthening the credibility of this analysis.

Figure 8 shows the 95% C.I. obtained from a combined analysis of all 18 stars for all stellar models ( $t_{cc} = 1.55 \times 10^5$ – $3.6$  yr) for the 20–600 keV energy range (extension to higher energies is shown in Appendix A). We find the combined coupling range to be  $g_{a\gamma} \times g_{ae} = (0.008$ – $2) \times 10^{-24} \text{ GeV}^{-1}$ . This result improves the previous estimation by  $\sim 1$  order of magnitude for the most conservative stellar model ( $t_{cc} = 1.55 \times 10^5$  yr,  $B_T = 0.4 \mu\text{G}$ ) and about a factor of 25 for the most optimistic (but unrealistic, see next section) case ( $t_{cc} = 3.6$  yr,  $B_T = 3.0 \mu\text{G}$ ). We also place limits on the ALP-photon coupling,  $g_{a\gamma}$ , by assuming



**Fig. 7.** 95% C.I. upper limits of  $g_{ae} \times g_{ay}$  for the entire star sample (individual stars, and from a combined analysis) for  $B_T = 1.4 \mu\text{G}$  and  $t_{cc} = 6900 \text{ yr}$  and  $m_a < 10^{-11} \text{ eV}$ .



**Fig. 8.** 95% C.I. upper limits of  $g_{ae} \times g_{ay}$  as function of ALP mass,  $m_a$ , for the combined analysis of all 18 stars for the 20–600 keV energy range. The solid blue lines show the upper limit for each stellar model, assuming a representative value of  $B_T = 1.4 \mu\text{G}$  with the top blue line corresponding to  $t_{cc} = 1.55 \times 10^5 \text{ yr}$  and the bottom blue line corresponding to  $t_{cc} = 3.6 \text{ yr}$ . The solid purple line shows the upper limit for the most conservative ( $B_T = 0.4 \mu\text{G}$  and  $t_{cc} = 1.55 \times 10^5 \text{ yr}$ ) and the solid green line for the most optimistic cases ( $B_T = 3.0 \mu\text{G}$  and  $t_{cc} = 3.6 \text{ yr}$ ).

Primakoff emission as the only viable production channel and in which the ALP-electron coupling is switched off. We find the 95% C.I. on  $g_{ay}$  to be in the  $(0.13\text{--}1.26) \times 10^{-11} \text{ GeV}^{-1}$  range depending on the magnetic-field model and the time to core collapse. This is a small improvement on the previous limits by Xiao et al. (2021), which sets the 95% C.I. on the ALP-photon coupling of  $g_{ay} < (0.5\text{--}1.8) \times 10^{-11} \text{ GeV}^{-1}$ .

The range of parameters obtained from this study of multiple stars with SPI also improves on estimations from previous studies performed with different instruments and alternative candidate sources (e.g., Barth et al. 2013; Dessert et al. 2019; Abeln et al. 2021a; Dessert et al. 2022, and references therein). This comparison is shown in Fig. 9. Ning & Safdi (2025) set stronger constraints on the coupling product than our analysis; however, the limitation of their study is discussed in the conclusion (Sect. 6).

## 5.2. Conservative results

To obtain more conservative and realistic constraints on ALP couplings, we considered a scenario in which all but one star in our sample is assumed to be in an early stage of stellar evolution. This is specifically the early helium-burning phase corresponding to  $t_{cc} = 1.55 \times 10^5 \text{ yr}$ . One star at a time is then placed in a more advanced phase with time to core collapse of  $t_{cc} = 2.3 \times 10^4 \text{ yr}$ , representing a later stage of helium burning. For this conservative scenario, we assumed a uniform Galactic magnetic field of  $B_T = 0.4 \mu\text{G}$ . This approach avoids the overly optimistic assumption that all stars are simultaneously near core collapse and allows us to explore the effect of evolutionary differences on the derived limits.

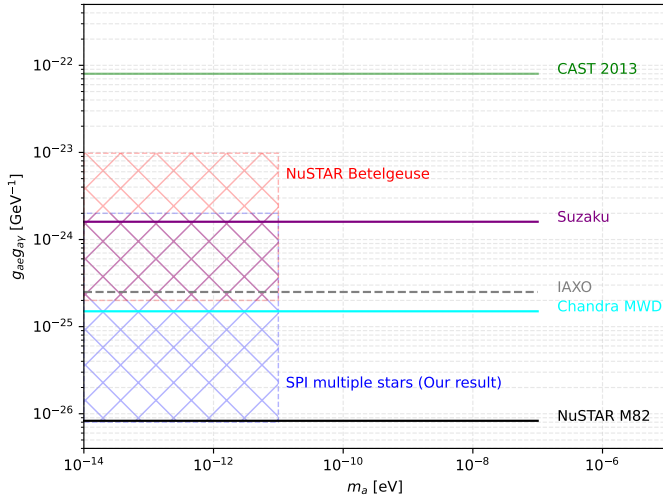
By iteratively assigning the more advanced stage to each of the 18 stars, while keeping the others in the early phase, we obtain a range of constraints that reflect the potential diversity in the actual stellar states. This method also mitigates the variability seen in individual star constraints (as illustrated in Fig. 7), providing a more balanced estimate of the overall sensitivity. Fig. 10 shows the resulting range of 95% C.I. upper limits on the product  $g_{ay} \times g_{ae} = (0.27\text{--}1.25) \times 10^{-24} \text{ GeV}^{-1}$ . The strongest constraint is obtained when V809 Cassiopeia is placed in the advanced stage ( $t_{cc} = 2.3 \times 10^4 \text{ yr}$ ), while the weakest arises when CE Tauri is assumed to be the star closer to collapse. This outcome is consistent with the individual star sensitivities shown earlier and emphasizes how the depth of observation in each region influences the results. This conservative framework provides a more robust and physically motivated estimate of the ALP parameter space, accounting for astrophysical uncertainties in stellar evolution stages.

## 5.3. Gamma-ray lines

While the focus of this work is to search for ALPs, we also investigated the possibility of these red supergiants showing significant  $\gamma$ -ray line emission at 511 keV (positron annihilation) and 1809 keV (decay of radioactive  $^{26}\text{Al}$ ). Typically, we find limits on the lines on the order of  $10^{-4} \text{ ph cm}^{-2} \text{ s}^{-1}$  at 511 keV and  $10^{-5} \text{ ph cm}^{-2} \text{ s}^{-1}$  at 1809 keV, with V809 Cassiopeia having the strongest constraints in terms of flux. Table 1 shows the  $3\sigma$  upper limits for the 511 keV and 1809 keV flux for all the stars. As for the most interesting candidate to search for the 1809 keV line,  $\gamma^2$  Velorum (Oberlack et al. 1996; Pleintinger 2020) any red supergiant might be of interest, as massive star winds would eject  $^{26}\text{Al}$ . The mass yield is calculated as follows:

$$M_{\text{Al}} = 4\pi d^2 \times F_{\text{Al}} \times m_{\text{Al}} \times \tau_{\text{Al}}, \quad (9)$$

where  $d$  is the distance to the star,  $F_{\text{Al}}$  is the expected  $^{26}\text{Al}$  flux,  $m_{\text{Al}} = 26 \text{ g/mol}$  is the atomic mass of  $^{26}\text{Al}$ , and  $\tau_{\text{Al}} = 1.04 \text{ Myr}$  is the lifetime of  $^{26}\text{Al}$ . The respective  $^{26}\text{Al}$  mass yield expected from each star based on the 1809 keV flux upper limit is also listed in Table 1. For the closest star in our sample, Spica, with a distance of 77 pc and a mass of  $\sim 12 M_{\odot}$ , we find an upper limit on the 1809 keV line flux of  $1.2 \times 10^{-4} \text{ ph cm}^{-2} \text{ s}^{-1}$ , which would correspond to an instantaneous  $^{26}\text{Al}$  mass of  $6 \times 10^{-5} M_{\odot}$ . This is more than two orders of magnitude above the expectations from massive-star-evolution models (e.g., Ekström et al. 2012; Limongi & Chieffi 2018). As for the most massive stars in our sample, Rigel ( $\sim 21 M_{\odot}$ ) and Monoceros A ( $\sim 29.1 M_{\odot}$ ), the upper limit on the  $^{26}\text{Al}$  mass is around  $1.1 \times 10^{-4} M_{\odot}$  and  $9.0 \times 10^{-4} M_{\odot}$ . Wind yields of red supergiants in the mass range of  $20\text{--}30 M_{\odot}$  would be found around  $5 \times 10^{-7}\text{--}5 \times 10^{-5} M_{\odot}$ , so



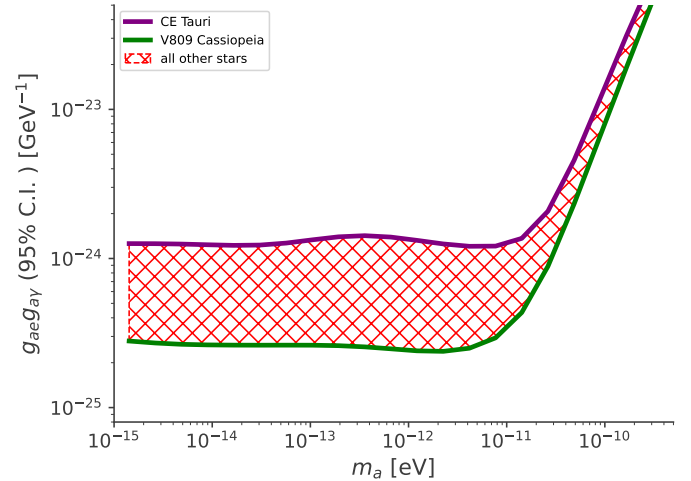
**Fig. 9.** Comparison of  $g_{ae} \times g_{\gamma}$  across different instruments and different astrophysical objects. The bounds for CAST are obtained from Barth et al. (2013), NuSTAR’s Betelgeuse bounds from Xiao et al. (2022), Suzaku bounds from Dessert et al. (2019), projected sensitivity of IAXO from Abeln et al. (2021a), Chandra’s MWD study from Dessert et al. (2022), and NuSTAR’s M82 bounds from Ning & Safdi (2025). This study improves on the previous limits by over an order of magnitude for the most optimistic case. The study of M82 with NuSTAR might still provide the tightest constraints in the literature; however, the limitation of their analysis is discussed in the conclusion.

that current MeV observations are approaching the interesting region of massive-star-evolution models.

For the 511 keV line in the case of Betelgeuse, we found the energy bin from 508–514 keV is not consistent with zero. We attribute this to an incomplete modeling of the diffuse emission with the smooth description from Siegert et al. (2016). In addition, individual sources with such a strong 511 keV line may be unphysical, as their only source would be  $^{26}\text{Al}$ , for which we could explain about 41% of the 1809 keV line flux at 511 keV.

## 6. Conclusion and outlook

In this paper, we present new constraints on ALPs coupled to both electrons and photons, using 22 years of INTEGRAL/SPI observations of 18 nearby red supergiants. The hot, dense, stellar interiors provide perfect conditions for the production of ALPs through Compton, Primakoff, and, to a lesser extent, bremsstrahlung processes, which are transformed back to photons in the Galactic magnetic field in the direction toward the star. Extending previous studies that focused on the hard X-ray emission from the direction of Betelgeuse, we performed a combined  $\gamma$ -ray analysis in the 20–2000 keV range across a diverse sample of evolved massive stars. We compiled individual limits from a set of 18 red supergiants and conducted a Bayesian hierarchical model to constrain the ALP couplings in a joint fit. We find no significant ALP-induced emission from any individual source. This allows us to set stringent 95% C.I. upper limits on the product  $g_{\gamma} \times g_{ae}$  as a function of ALP mass  $m_a$ . The best case constraints from our full sample analysis improve upon previous limits by up to a factor of  $\sim 25$  and reach sensitivity down to  $g_{\gamma} \times g_{ae} = 8 \times 10^{-27} \text{ GeV}^{-1}$  for ultra-light ALPs with  $m_a \leq 10^{-11} \text{ eV}$ . We also explored a conservative scenario accounting for uncertainties in stellar evolutionary stages, assigning one star at a time to a more advanced burn-



**Fig. 10.** Range of 95% C.I. upper limits on  $g_{\gamma} \times g_{ae}$  as a function of ALP mass,  $m_a$ , derived from the conservative scenario in which one star out of 18 is assumed to be in a later evolutionary stage ( $t_{cc} = 2.3 \times 10^4 \text{ yr}$ ), while the remaining 17 stars are fixed at an earlier He-burning phase ( $t_{cc} = 1.55 \times 10^5 \text{ yr}$ ) and a uniform  $B_T = 0.4 \mu\text{G}$ . The strongest constraint is obtained when V809 Cassiopeia is assumed to be closer to core collapse (green) and the weakest when CE Tauri is (purple). The hatched region is the range of constraints obtained when every other star is individually placed in the more advanced He-burning phase. This method accounts for uncertainties in stellar evolution and provides a realistic range of possible limits.

ing phase while keeping others in earlier phases. This yields a robust constraint range of  $g_{\gamma} \times g_{ae} = (0.27\text{--}1.25) \times 10^{-24} \text{ GeV}^{-1}$ . Finally, we also looked at a Primakoff-only emission scenario and constrained the ALP-photon coupling to be in the range of  $g_{\gamma} = (0.13\text{--}1.26) \times 10^{-11} \text{ GeV}^{-1}$ .

Our constraints are  $\sim 2\text{--}3$  orders of magnitude better than the bounds obtained from CAST for Solar ALPs (e.g., Barth et al. 2013). Furthermore, we also improved on the limits predicted by Chandra’s study of conversion in magnetic white dwarfs (e.g., Dessert et al. 2022). Our results provide one of the most stringent limits to date on ALP couplings in this mass range using  $\gamma$ -ray data from evolved stars. Without modeling the intrinsic astrophysical emission mechanisms in entire galaxies (Ning & Safdi 2025), estimating ALP-only contributions might be misleading and could result in overly optimistic limits. This was shown in contemporary work about diffuse emission from dark matter in the Milky Way Berteaud et al. (2022), Siegert et al. (2024, 2022), Calore et al. (2023). Future improvements may come from more detailed stellar modeling, better understanding of Galactic magnetic-field structures, and next-generation  $\gamma$ -ray instruments with improved sensitivity and resolution, such as NASA’s Compton Spectrometer and Imager (COSI) Small Explorer mission, which will be launched in 2027 (Tomsick et al. 2019, 2021). This work demonstrates the power of multi-source analyses in probing the ALP parameter space and contributes a significant step forward in the search for new physics beyond the SM.

*Acknowledgements.* Saurabh Mittal acknowledges support by the Bundesministerium für Wirtschaft und Energie via the Deutsches Zentrum für Luft- und Raumfahrt (DLR) under Contract No. 50 OO 2219. Laura Eisenberger acknowledges support by the Bundesministerium für Wirtschaft und Energie via the Deutsches Zentrum für Luft- und Raumfahrt (DLR) under Contract No. 50 OR 2413 and is grateful for the support of the Studienstiftung des Deutschen Volkes. Dimitris Tsatsis acknowledges support from the DFG/LS

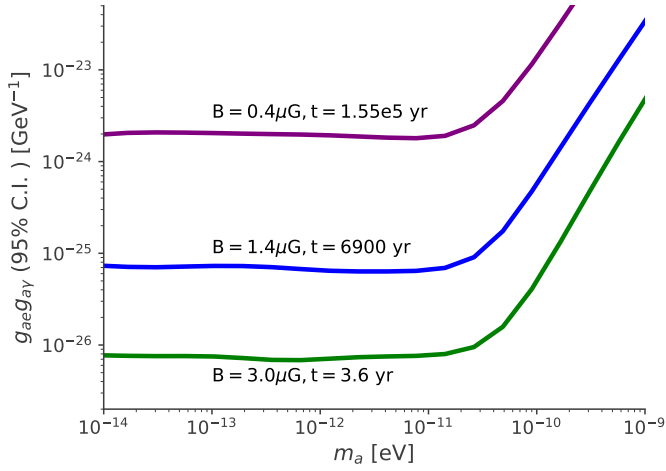
project SI2502/6-1, project number 551127478. This article is based on work from COST Action COSMIC WISPerS CA21106, supported by COST (European Cooperation in Science and Technology). The work of AM and AL was partially supported by the research grant number 2022E2J4RK “PANTHEON: Perspectives in Astroparticle and Neutrino THEory with Old and New messengers” under the program PRIN 2022 (Mission 4, Component 1, CUP I53D23001110006) funded by the Italian Ministero dell’Università e della Ricerca (MUR) and by the European Union – Next Generation EU. This work is (partially) supported by ICSC – Centro Nazionale di Ricerca in High Performance Computing, Big Data and Quantum Computing, funded by European Union–NextGenerationEU. PC is supported by the Swedish Research Council under contract 2022-04283.

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## Appendix A: Extended energy range

Fig. A.1 shows the 95% C.I. for an extended energy range of 20–2000 keV of three different stellar models as quoted. The limits obtained for this extended energy range are essentially identical to those obtained for the energy range 20 – 600 keV. This is expected as the ALP spectrum peaks around/below 550 keV depending on the stellar model, and thus higher energies do not significantly affect the ALP constraints.



**Fig. A.1.** The 95% C.I. upper limits of  $g_{ae} \times g_{ay}$  as a function of ALP mass  $m_a$  for the combined analysis of all 18 stars for the energy range 20 – 2000 keV. The solid blue line shows the upper limit for  $t_{cc} = 6900$  yr, assuming a representative value of  $B_T = 1.4 \mu\text{G}$ . The solid purple line shows the upper limit for the most conservative ( $B_T = 0.4 \mu\text{G}$  and  $t_{cc} = 1.55 \times 10^5$  yr) and the green line for the most optimistic case ( $B_T = 3.0 \mu\text{G}$  and  $t_{cc} = 3.6$  yr). Note that the limits for the extended energy range are identical to the ones shown in Fig. 8 as the ALP spectrum peaks around 500 keV or below.